

**Department of Liberal Education**  
**Era University, Lucknow**  
**Course Outline**  
**Effective From: 2023-24**

<b>Name of the Program</b>	<b>B.A. / B.Sc. (LIBERAL EDUCATION)</b>			<b>Year/ Semester:</b>	<b>2<sup>nd</sup> /4<sup>th</sup></b>									
<b>Course Name</b>	<b>Social &amp; Community Health Lab</b>	<b>Course Code:</b>	<b>NH202P</b>	<b>Type:</b>	<b>Practical</b>									
<b>Credits</b>	<b>01</b>			<b>Total Practical Hours:</b>	<b>30 Hours</b>									
<b>Evaluation Spread</b>	<b>Internal Continuous Assessment:</b>	<b>10 Marks</b>		<b>End Term Exam:</b>	<b>15 Marks</b>									
<b>Type of Course</b>	<input type="radio"/> Compulsory	<input checked="" type="radio"/> Core	<input type="radio"/> Creative	<input type="radio"/> Life Skill										
<b>Course Objectives</b>	The primary goal of community health is to help a to protect preserve the health of its members, while the secondary goal is to promote self a-care among individuals and families.													
<b>Course Outcomes(CO):</b> <i>After the successful course completion, learners will develop following attributes:</i>														
<b>Course Outcome (CO)</b>	<b>Attributes</b>													
<b>CO1</b>	After doing this practical you would be able to : list first aid items required to handle emergencies at home.													
<b>CO2</b>	Will be able to what things are important to assess the family health and why it is important how it should be recorded.													
<b>CO3</b>	Will be able to - define mass health education give some examples of mass health education describe how to prepare for a mass health education session.													
<b>CO4</b>	Will protect and preserve the health of its members, and promote self a-care among individuals and families.													
<b>Pedagogy</b>	Interactive, discussion-based, student-centered, program outputs.													
<b>Internal Evaluation Mode</b>	Experiment-Writing and Conductance File Maintenance/ Laboratory Record Continuous Attendance and Participation													
<b>Practical No.</b>	<b>Experiments</b>			<b>Contact Hours</b>	<b>Mapped CO</b>									
1.	To prepare a first aid kit			4	<b>CO1, CO2</b>									
2.	Community Health Assessment			6	<b>CO2</b>									
3.	Conducting Mass Health Education			6	<b>CO3</b>									
4.	Participation in Health Camp, Such as, Immunization and Family Planning			6	<b>CO2, CO4</b>									
5.	Preparation of low cost recipes for vulnerable groups			8	<b>CO3, CO4</b>									
<b>CO-PO and PSO Mapping</b>														
<b>CO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PO8</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>	<b>PSO5</b>	<b>PSO6</b>
<b>CO1</b>	1	2	1		2	1		2	2	1		1		
<b>CO2</b>	1	1			2	3	1	1	1			1	1	
<b>CO3</b>	2	1	1		2	2	1	3	2		1	2	2	3
<b>CO4</b>	1	2	2		1	2	1	1	1		1		1	2
<b>Strongcontribution-3, Averagecontribution-2, Lowcontribution-1,</b>														

Suggested Readings:	
<b>Reference Books</b>	1. Park, K., n.d. <i>Park's textbook of preventive and social medicine</i> . 2. Textbook of Community Medicine Preventive and Social Medicine by <u>Sunder Lal</u> . 3. Preventive and Social Medicine (Community Medicine-Dr Balram Jana.
<b>E-Resources</b>	<a href="https://www.youtube.com/watch?v=Hrjk7V43DIM">https://www.youtube.com/watch?v=Hrjk7V43DIM</a>
Internal Practical Evaluation:	
Component	Marks
Experiment-Writing and Conductance	5
File Maintenance/ Laboratory Record	2
Continuous Attendance and Participation	1
Viva-Voce	2
<b>Total Marks</b>	10

Course created by: **Dr Shazia Fatima**

**Dr Pooja Verma**

**Signature:**

Approved by: **Prof. Afrozul Haq**

**Signature:**

